



Operation Quit Tobacco Starts Now

If you smoke or chew tobacco call 1-866-QUIT-4-LIFE (1-866-784-8454) to get FREE expert advice on quitting as well as referral information on medications available to you through the VA Pharmacy.

Nicotine patches, gum, and other medications including bupropion and lozenges are available through the VA Pharmacy to assist with your efforts. (There may be a co-pay associated with some of these medications depending on eligibility regulations.)

Quit For Life[®] Program



Visit or contact your clinic for a referral to the Quit for Life Program or enroll yourself by calling **1-866-QUIT-4-LIFE** (1-866-784-8454).